

SCHEDULE AND LOCATIONS

OPENING DAY: Saturday, June 18 at 1:00 p.m. Beachland, Eisenhower, Fernridge, Kennedy
CLOSING DAY: Sunday, August 21 at 5:00 p.m. Beachland, Eisenhower, Fernridge, Kennedy

RECREATIONAL SWIMS - DAILY HOURS (all ages)			
Beachland, Eisenhower, Fernridge, Kennedy:	Jun 18 - Aug 21	Sat & Sun	1:00 - 6:00 p.m.
	Jun 20 - Aug 19	Mon - Fri	1:00 - 4:30 p.m.
RECREATIONAL SWIMS - EVENING HOURS (all ages)			
Beachland, Fernridge, Kennedy:	Jun 20 - Aug 5	Mon - Fri	6:00 - 8:00 p.m.
	Aug 8 - Aug 19	Mon - Fri	5:00 - 7:00 p.m.
Eisenhower:	Jun 21 - Aug 4	Tue, Thu	6:00 - 8:00 p.m.
	Aug 9 - Aug 18	Tue, Thu	5:00 - 7:00 p.m.

LAP SWIMS - (age 14 and over) SEE INFORMATION ON THE FOLLOWING PAGE

SPRAY PADS - (age 2 - 8)			
Beachland, Fernridge, Kennedy & Wolcott:	May 28 - Sept 5	Daily	10:00 a.m. - 7:00 p.m.

<u>POOL LOCATIONS</u>	<u>FACILITY FEATURES</u>	<u>AQUATICS INFORMATION</u>
Beachland Outdoor Pool Spray Pad 847 South Quaker Lane 860-523-1259	One 25 yard by 6 lane pool with zero depth area, spray pad	<u>West Hartford Leisure Services</u> 50 South Main Street West Hartford, CT 06107 860-561-7510 FAX 860-561-7519
Eisenhower Outdoor Pool 33 Sheep Hill Drive 860-233-2212	One 25 yard by 8 lane pool	<u>Summer Aquatics Office</u> Open Jun 20 - Aug 21, 2016 847 South Quaker Lane West Hartford, CT 06110 860-232-4094
Fernridge Outdoor Pool Spray Pad 567 Fern Street 860-561-2727	One 25 yard by 6 lane pool with zero depth area, spray pad	<u>General Information</u>
Kennedy Outdoor Pool Spray Pad 160 Oakwood Avenue 860-236-1884	One 25 yard by 6 lane pool spray pad, teen slide pool	<ul style="list-style-type: none"> • Children under 12 years old must be accompanied by an adult or guardian (at least 16 years of age). • Maximum of four (4) such children with one (1) adult. • Groups of ten (10) or more wishing to use aquatic facilities must apply to Department of Leisure Services for Group-Use-Permit. • Pools will close during thunder or lightning. No refunds or rain checks.
Wolcott Park Spray Pad 1134 New Britain Avenue	Spray pad	

NOTE: Please do not bring valuables to any of these facilities. Bathhouses for changing clothes are provided. Sorry, Leisure Services cannot be responsible for lost or stolen items.

AQUATICS PROGRAMS

SUMMER SWIM TEAMS - Age 6 - 14

Each outdoor pool will have its own competitive swim team. Practices are Monday through Friday from 4:45 to 5:45 p.m. Dual meets are held on Saturday mornings. The meet schedule will be determined at a later date. Swimmers must be able to swim multiple laps in the pool to participate. Swim team members should have completed at least Level III in the Learn to Swim Program. Registration is taken first come, first serve. Swim teams open to West Hartford residents only. **Registration is limited to 75 swimmers per team.**

Pre-registration is required for the swim teams. Sorry, but non-registered swimmers will not be allowed to practice or compete. You may register online, mail or fax in your registrations until **Wednesday, June 15 until 4:00 p.m.** to the Department of Leisure Services, 50 South Main Street, West Hartford, CT 06107 FAX: 860-561-7519. After the pools open officially on **June 18**, you must register with the cashier at your team's pool.

Program# Pool

471399A Beachland Pool
 481399A Kennedy Pool
 491399A Fernridge Pool
 501399A Eisenhower Pool

Practices

June 20 - July 22, 2016
 Monday - Friday 4:45 - 5:45 p.m.

Town-Wide Championships

To be announced

Fee: \$70.00 per swimmer

Swim - Parent & Tot - Age 5 and under

Parents or guardians with children age 5 and under may register for one or both sessions. Only families who have registered will be allowed in the pool. Pool will be staffed with lifeguards and staff but parents are responsible for the care of their children. Program allows a maximum of 4 children (siblings) per adult. Please note that this is a special program, season tickets, punch cards and Cornerstone memberships do not apply. Register as a family unit, so one registration is needed per household.

No Class: 7/4. Register by mail or at Town Hall only.

Program #	Day	Time	Dates	Res/NRes
481390A	M/W/F	9:00 - 10:20A	06/20 - 07/15	\$40/\$55
481390B	M/W/F	9:00 - 10:20A	07/18 - 08/12	\$40/\$55

LOCATION: KENNEDY POOL

Register On-line, by Fax or Mail to Customer Service Desk, Town Hall.

Lap Swim - Age 14 - Adult

Admission to Pool Required

Eisenhower Pool:	June 20 - August 19	Monday - Friday	11:30 - 1:00 p.m.
	June 19 - August 21	Sunday	12:00 - 1:00 p.m.
Beachland & Fernridge Pool:	June 20 - August 19	Monday - Friday	12:00 - 1:00 p.m.
	June 19 - August 21	Sunday	12:00 - 1:00 p.m.
Kennedy Pool:	June 20 - August 19	Monday - Friday	6:00 - 7:00 p.m.
	June 19 - August 21	Sunday	12:00 - 1:00 p.m.

ADMISSION RATES

Proof of residency, such as a valid Drivers License, must be provided to obtain resident rate admission. You must present proof of residency to pool cashier on each entry to facility.

Free Admission for children under the age of 2

<u>Daily Rates</u>	<u>Resident</u>	<u>Non-Resident</u>
Child	\$3.25	\$5.50
Adult	\$4.00	\$6.50
Senior	\$3.25	\$6.50

<u>Evening Rates</u>	<u>Resident</u>	<u>Non-Resident</u>
Child	\$3.00	\$5.00
Adult	\$3.50	\$6.00
Senior	\$3.00	\$6.00

Note: Season passes at our outdoor pools are no longer available. Instead, we have added a new option for discount admission cards – 50 swims for \$75.00 for residents who frequently use the outdoor pools. In addition, pool hours will be extended at our four neighborhood pools, with additional hours set aside for lap swims.

DISCOUNT ADMISSION CARDS

- Discount Admission Cards are available for purchase only by West Hartford residents at the Customer Service Desk, at Town Hall, 50 South Main Street, or at any outdoor pool. Proof of residency, such as a valid Drivers License, must be provided to obtain a card.
- Discount Admission Cards may be purchased from the pool cashiers after the pools open on **Saturday, June 18** using cash or check only.
- The discount cards are valid at any West Hartford outdoor pool and may be used to bring guests to the pool. Cards must be presented to the pool cashier for admission to the pool.
- Persons who do not present a discount card must pay the applicable daily admission fee.
- **No refunds or replacements for lost, stolen or unused cards.**
- All cards expire at the end of the 2016 outdoor pool season.

Discount Card Fees: 10 Swims - \$25 (\$2.50 per swim)
 20 Swims - \$45 (\$2.25 per swim)
 50 Swims - \$75 (\$1.50 per swim)

WEST HARTFORD SPRAY PADS

Beachland, Fernridge, Kennedy and Wolcott Park
For summer fun, come visit West Hartford's
coolest and wettest locations.

Open daily beginning Memorial Day weekend – weather permitting.

HOURS: Daily 10:00 a.m. – 7:00 p.m.
(May 28 – September 5)

Free!
Ages 2 – 8 years
Adult supervision required



DISCOUNT ADMISSION CARD APPLICATION FORM

- Discount Admission cards are available at the Customer Service Desk, Town Hall Lobby or outdoor pools.
- Discount Admission cards are available for West Hartford residents only. Proof of residency, such as a valid Drivers License, must be provided to obtain a card.
- Discount Admission cards may be used at any Town of West Hartford outdoor pool.
- Persons who do not present a Discount Admission card must pay the Daily Admission Fee.
- Discount Admission cards must be punched by the pool cashier for admission to the pool. Cashier will issue a cash register receipt as a ticket for admission. Card will be punched for each person entering the pool.
- Free admission to children under the age of 2.
- Discount Admission cards may be used to bring guests.
- Discount Admission fee is 10 swims - \$25, 20 swims - \$45, and 50 swims - \$75.
- Discount Admission cards expire at the end of the 2016 outdoor pool season.
- **No refunds or replacements for lost, stolen or unused cards.**

<ul style="list-style-type: none">• <u>Discount Admission Cards - 10 swims</u>
441999 A Number of cards _____ x \$25 \$ _____
<ul style="list-style-type: none">• <u>Discount Admission Cards - 20 swims</u>
441999 B Number of cards _____ x \$45 \$ _____
<ul style="list-style-type: none">• <u>Discount Admission Cards - 50 swims</u>
441999 C Number of cards _____ x \$75 \$ _____

Name: _____

Address: _____ West Hartford, CT _____

E-Mail Address: _____

Payment Method: Cash Check Visa Mastercard

Credit Card Number: _____ Expiration date: _____

I realize that as with any physical activity there is a possible risk of accidental injury to myself or my child while swimming. I agree to be careful when using the Town of West Hartford pools and to follow all rules and regulations regarding the use of the pools. I also agree to assume the risk of any injury which I or my child may suffer while using the Town of West Hartford outdoor pools and will not hold the Town of West Hartford or its employees and instructors liable for any injuries which I or my child may suffer while using the outdoor pools and related facilities.

Signature: _____ Date: _____

**Return Form With Payment To
WEST HARTFORD HUMAN & LEISURE SERVICES CUSTOMER SERVICE DESK
50 South Main Street
West Hartford, CT 06107**

SWIM LESSON CLASS DESCRIPTIONS

Only the American Red Cross offers six comprehensive course levels that teach participants how to swim skillfully and safely. The prerequisite for each level is successful demonstration of the skills taught in the preceding level. Beginners start at Level I, which has no prerequisite. Each level of Learn-to-Swim includes training in basic water safety and helping a swimmer in distress, in addition to the skills outlined. If you are unsure between two levels, place your child in the lower of the two levels. Your child will still learn new skills while refreshing the old ones.

Level 1: Introduction to Water Skills Purpose: Help students feel comfortable in the water. Basic water safety rules * Swimming on front and back using arm and leg actions * Using a life jacket * Recognizing a swimmer in distress and getting help * Submerging mouth, nose and eyes * Exhaling underwater * Opening eyes underwater/picking up submerged object * Floating on front and back.

Level 2: Fundamental Aquatic Skills Purpose: Give students success with fundamental skills. Moving in the water while wearing a life jacket * Recognizing a swimmer in distress and getting help * Submerging entire head * Bobbing in water * Front and back glide * Jellyfish float * Treading water using arm and leg motions * Swimming using combined stroke on front and back.

Level 3: Stroke Development Purpose: Build on the skills in Level 2 by providing guided practice. Reaching assist * Kneeling or standing dive (shallow dive progression) * Submerging and retrieving an object * Rotary breathing in horizontal position * Front and back glide * Survival float, back float * Front and back crawl * Butterfly kick and body motion.

Level 4: Stroke Improvement Purpose: Develop confidence in the strokes learned and improve aquatic skills. Safe diving rules * Throwing assist * Dive from stride position or shallow dive * Feet-first surface dive * Survival float * Back float * Front and back crawl * Elementary backstroke, breaststroke, butterfly.

Level 5: Stroke Refinement Purpose: Provide further coordination and refinement of strokes. Survival swimming * Performing rescue breathing * Standing dive (diving progression) * Tuck surface dive and pike surface dive * Open turns on front and back * Front flip turn and backstroke flip turn * Front and back crawl * Elementary backstroke * Butterfly, breaststroke, sidestroke.

Level 6: Swimming and Skill Proficiency Purpose: Refines the strokes so students swim them with ease, efficiency, power and smoothness over greater distances.

SWIM LESSON FEES & REGISTRATION INFORMATION

Residents - \$45 Non-Residents - \$65

1. **Pre-registration** is required for all swim lessons.
2. Registration fees must be paid at the time of registration.
3. **Mailed or faxed registrations must be received by 4:00 p.m., Wednesday, June 15. Mail or FAX to:** Department of Leisure Services, 50 South Main Street, West Hartford, CT 06107, or FAX: 860-561-7519.
4. Shallow water in the outdoor pools is 32 to 36 inches. For their safety and to enhance their learning experience, children must be able to stand in the water with their chin above the water. **Therefore, all children must be at least 42 inches tall and 5 years old before the class. *Children who are 5 years old and less than 42 inches tall should register at Beachland, Kennedy or Fernridge.**
5. If your child does not meet the height and age requirements, Cornerstone Aquatics Center will be offering summer indoor lessons for younger children. Please contact them at 860-521-3242.
6. **You may register online until 4:00 p.m. Wednesday, June 15 at:** www.westhartfordct.gov/leisureservices
7. Mail-in registrations may be paid by check, money order, or Master Card/VISA. FAX and online registrations must include a Master Card/VISA number. Do not send cash through the mail.
8. After the pools officially open on **June 18**, you must register at the pool where you will be taking swim lessons. Only check or cash is accepted at the pools.
9. Please carefully read and understand the Refund and Cancellation Policy in this program guide.

RAINY WEATHER

Lessons will be held during inclement weather except in the presence of thunder or lightning. There will be no makeups or refunds for missed classes.