

PUBLIC SWIM

Pools open on Saturday, June 24th at 1:00 pm

Pools close on Sunday, August 20th at 6:00 pm



PUBLIC SWIM FEES

Free Admission for children under the age of 2

Daily Admission

	Resident	Non-Resident
Child:	\$3.25	\$5.50
Adult	\$4.00	\$6.50
Senior	\$3.25	\$6.50

Evening Admission

	Resident	Non-Resident
Child:	\$3.00	\$5.00
Adult	\$3.50	\$6.00
Senior	\$3.00	\$6.00

PUNCH CARDS

10 Swims \$25

20 Swims \$45

50 Swims \$75

- Punch cards are available for purchase by **West Hartford residents only** at the Customer Service Desk, at Town Hall, 50 South Main Street, or at any outdoor pool. Proof of residency, such as a valid Drivers License, must be provided to obtain a card.
- Punch cards may be purchased from the pool cashiers after the pools open on **Saturday, June 24th using cash or check only.**
- Punch cards are valid at any West Hartford outdoor pool and may be used to bring guests to the pool.
- All cards expire at the end of the 2017 outdoor pool season.
- **No refunds or replacements for lost, stolen or unused cards.**

Beachland Pool 847 South Quaker Lane 860-523-1259	Eisenhower Pool 33 Sheep Hill Drive 860-233-2212	Fernridge Pool 567 Fern Street 860-561-2727	Kennedy Pool 160 Oakwood Avenue 860-236-1884
(1) 25 yard, 6 lane pool with zero depth area Spray Pad	(1) 25 yard, 8 lane pool with deep end	(1) 25 yard, 6 lane pool with zero depth area Spray Pad	(1) 25 yard, 6 lane pool with zero depth area, Teen Slide Pool, Spray Pad
Daily: Mon - Fri 1 - 4:30 pm Weekends 1 - 6 pm	Daily: Mon - Fri 1 - 4:30 pm Weekends 1 - 6 pm	Daily: Mon - Fri 1 - 4:30 pm Weekends 1 - 6 pm	Daily: Mon - Fri 1 - 4:30 pm Weekends 1 - 6 pm
Lap Swims: Age 14 & up Mon - Fri 12 - 1 pm Sundays 12 - 1 pm	Lap Swims: Age 14 & up Mon - Fri 11:30 - 1 pm Sundays 12 - 1 pm	Lap Swims: Age 14 & up Mon - Fri 12 - 1 pm Sundays 12 - 1 pm	Lap Swims: Age 14 & up Mon - Fri 6 - 7 pm Sundays 12 - 1 pm
Evening: June 26 - July 28 Mon - Fri 6 - 8 pm July 31 - August 18 Mon - Fri 5:30 - 7:30 pm	Evening: June 27 - July 27 Tue & Thu 6 - 8 pm August 1 - August 17 Tue & Thu 5:30 - 7:30 pm	Evening: June 26 - July 28 Mon - Fri 6 - 8 pm July 31 - August 18 Mon - Fri 5:30 - 7:30 pm	Evening: June 26 - July 28 Mon - Fri 6 - 8 pm July 31 - August 18 Mon - Fri 5:30 - 7:30 pm

POOL INFORMATION

- Children under 12 years old must be accompanied by an adult or guardian (at least 16 years of age).
- Maximum of four (4) such children with one (1) adult.
- Free admission for children under the age of 2.
- Swim suits only: no cut-off shorts, cotton shorts or T-shirts are permitted.
- Children who are not toilet trained must wear a disposable water resistant swim diaper at all times.
- Toys and flotation devices are not permitted in the pool. Coast Guard approved life jackets are permitted on a non-swimming child, provided the child remains in shallow water within arms reach of accompanying adult. Life jackets are not provided at facilities.
- Coolers and glass containers are not allowed inside pool area.
- Groups of ten (10) or more wishing to use aquatic facilities must apply to the Department of Leisure Services for Group-Use-Permit.
- Pools will close during thunder or lightning. No refunds or rain checks.

NOTE: Please do not bring valuables to any of these facilities. Bathhouses for changing clothes are provided. Sorry, Leisure Services cannot be responsible for lost or stolen items.

Spray Pads

For summer fun, come visit West Hartford's coolest and wettest locations. Spray Pads are located at Beachland, Fernridge, Kennedy and Wolcott Park.

Free for children ages 2 - 8 years. Adult supervision required.

They open Memorial Day weekend, weather permitting.

May 27 - September 4

Daily hours - 10 am to 7 pm

Beachland Park

847 South Quaker Lane

Fernridge Park

567 Fern Street



Kennedy Park

160 Oakwood Avenue

Wolcott Park

1341 New Britain Avenue

Punch Card Application Form - For West Hartford Residents Only

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- Punch cards may be purchased from the pool cashiers after the pools open on **Saturday, June 24** using cash or check only.
- Punch cards are valid at any West Hartford outdoor pool and may be used to bring guests to the pool.
- All cards expire at the end of the 2017 outdoor pool season.
- **No refunds or replacements for lost, stolen or unused cards.**



Please Print

Name: _____

Address: _____ West Hartford, CT _____

E-Mail Address: _____ Phone # _____

Program #	Number of Swims	Price	Quantity	Total Cost	Card Number
441999 – A	10 Swims	\$25.00			
441999 – B	20 Swims	\$45.00			
441999 – C	50 Swims	\$75.00			

Payment Method: Cash Check Visa Mastercard

Credit Card Number: _____ Expiration date: _____

I realize that as with any physical activity there is a possible risk of accidental injury to myself or my child while swimming. I agree to be careful when using the Town of West Hartford pools and to follow all rules and regulations regarding the use of the pools. I also agree to assume the risk of any injury which I or my child may suffer while using the Town of West Hartford outdoor pools and will not hold the Town of West Hartford or its employees and instructors liable for any injuries which I or my child may suffer while using the outdoor pools and related facilities.

Signature: _____ Date: _____

SWIM PROGRAMS

Swim Team Ages 6 – 14

Each outdoor pool will have its own fun competitive swim team. Practices are Monday through Friday from 4:45 to 5:45 pm. Swim meets are held on Saturday mornings. Swim team participants must be able to swim multiple laps in the pool and should have completed at least Level III in the Learn to Swim Program. **Swim teams are open to West Hartford residents only and registration is limited to 75 swimmers per team.** Pre-registration is required. You may register online, mail or fax in your registrations **until Wednesday, June 21st at 4:00 p.m.** to the Department of Leisure Services, 50 South Main Street, West Hartford, CT 06107 FAX: 860-561-7519. After the pools open officially on **June 24th**, you must register with the cashier at your team's pool.



Program # Pool

471399A Beachland Pool
 481399A Kennedy Pool
 491399A Fernridge Pool
 501399A Eisenhower Pool

Fee: \$70.00 per swimmer

Practices

June 26 - July 28, 2017

Monday - Friday 4:45 - 5:45 pm.

Swim Meets: on Saturdays July 1, 8, 15, 22

Town-Wide Championships

Tentative date: Saturday, July 29, 2017



Swim Parent & Tot Age 5 and under

Parents or guardians with children age 5 and under may register for one or both sessions. Only families who have registered will be allowed in the pool. Pool will be staffed with lifeguards and staff but parents are responsible for the care of their children. Program allows a maximum of 4 children (siblings) per adult. Please note that this is a special program. Punch cards and Cornerstone memberships do not apply. Register as a family unit, so one registration is needed per household.

Water resistant swim diapers are required. Registration is accepted at Town Hall

only.

Program #	Day	Dates	Times	Res/NRes
481390A	M/W/F	06/26 - 07/14	9:00 - 10:20A	\$40/\$55
481390B	M/W/F	07/17 - 08/04	9:00 - 10:20A	\$40/\$55

LOCATION: KENNEDY POOL

Register On-line, by Fax or Mail to Customer Service Desk, Town Hall.

Lifeguarding Course American Red Cross Ages 15 and Up

Gain the skills and knowledge to become a certified lifeguard. Upon successful completion of this course, participants will receive an American Red Cross Lifeguard Training certificate which is valid for 2 years. This is a blended learning course and does require some computer based learning prior to the first class. There will be an in-water skills session administered at the first class. Participants must be able to swim 300 yards continuously using either the front crawl or breaststroke and MUST demonstrate controlled rhythmic breathing. Participants will also be required to tread water for 2 minutes without using their hands and will need to surface dive to a depth of 10 feet and retrieve a 10 pound object, and swim on their backs while holding the object for a distance of 20 yards. Registration for this course must be completed before **June 9** to allow adequate time to complete the online content section prior to the first class. After June 9, the instructor will email the details regarding the online portion of this program.

Program #	Day	Dates	Time	Res/NRes
414650A	Wed - Fri	06/21 - 06/23	4:00 - 7:00P	\$295/\$325
	Sat - Sun	06/24 - 06/25	9:00A - 2:00P	

LOCATION: EISENHOWER POOL

Safety & Emergency Contact Information required on Registration Form.

Register On-line, by Fax or Mail to Customer Service Desk, Town Hall.

SWIM LESSON AND REGISTRATION GUIDELINES

Residents - \$45 Non-Residents - \$65

- **Pre-registration** is required for all swim lessons. Registration fees must be paid at the time of registration. Please register your child for the appropriate level as listed below.
Registrations are accepted online, by mail, by fax or in person at the Customer Service Desk, at Town Hall until Wednesday, June 21 at 4 pm. Mail or FAX to: Department of Leisure Services, 50 South Main Street, West Hartford, CT 06107, or FAX: 860-561-7519. **You may register online at our website:** www.WestHartfordCT.gov/LeisureServices. Click on Online-Registration.
- After the pools officially open on **June 24**, you must register at the pool where you will be taking swim lessons. Only cash or check is accepted at the pools.
- Beachland, Kennedy and Fernridge pools are all equipped with zero depth entry areas. Children 4 years old and less than 42 inches tall, must register for swim lessons at one of these pools.
- Parents/Guardians are not allowed on pool decks during swim lessons.
- **Rainy Weather:** Lessons will be held during inclement weather. In the presence of thunder or lightning lessons may be conducted indoors. There will be no makeups or refunds for missed classes.

Swim Lesson Levels – Learn To Swim

Only the American Red Cross offers six comprehensive course levels that teach participants how to swim skillfully and safely. The prerequisite for each level is successful demonstration of the skills taught in the preceding level. Beginners start at Level 1, which has no prerequisite. Each level of Learn-to-Swim includes training in basic water safety and helping a swimmer in distress, in addition to the skills outlined. If you are unsure between two levels, place your child in the lower of the two levels. Your child will still learn new skills while refreshing the old ones.

Level 1: <i>(must be at least 4 years old)</i>	Level 2:	Level 3:	Level 4:	Level 5:	Level 6:
Introduction to Water Skills: Basic water safety rules. Swimming on front and back using arm and leg actions. Recognizing a swimmer in distress and getting help. Submerging mouth, nose and eyes. Exhaling underwater. Opening eyes underwater/picking up submerged object. Floating on front and back. Glide on front at least 2 body lengths, roll to back float and recover to vertical position.	Fundamental Aquatic Skills: Recognizing a swimmer in distress and getting help. Opening eyes underwater/picking up submerged object. Bobbing in water. Front and back glide. Jellyfish and back float. Treading water using arm and leg motions. Swimming using combined stroke on front and back.	Stroke Development: Reach or throw. Jump into deep water from side, submerge and return to side. Bobbing while moving to safety. Tread water for 1 minute. Rotary breathing in horizontal position. Survival float, back float. Front and back crawl. Swim elementary backstroke for 15 yards. Flutter, scissors, breaststroke and dolphin kicks.	Stroke Improvement: Safe Diving rules. Throwing assist. Dive from stride position or shallow dive. Feet-first surface dive. Survival float. Back float. Front and back crawl. Elementary backstroke, breaststroke, butterfly, sidestroke. Open turns on the front and back. Flutter and dolphin kicks on back. Push off in streamlined position on back.	Stroke Refinement: Performing rescue breathing. Shallow angle dive. Tuck surface dive and pike surface dive. Front flip turn and backstroke flip turn. Front and back crawl. Tread water for 5 minutes. Sculling for 30 seconds. Elementary backstroke. Butterfly, breaststroke, side stroke.	Advanced Options: Surface dive and retrieve object from the bottom 7-10 feet deep. Refine the strokes so students swim them with ease, efficiency, power and smoothness over greater distances. Able to swim 500 yards continuously, using any 3 strokes of choice.